She is really confused by complicated recipes.

or

Following recipe instructions can be really confusing.

or

She finds cooking with many ingredients really confusing.

Use ed/ing adjectives to write sentences about the pictures. Adjectives to use: relaxed/ing, bored/ing, confused/ing, annoyed/ing, disappointed/ing, excited/ing, disgusted/ing, frightened/ing, tired/ing, shocked/ing, exhausted/ing
2 The football match is really exciting

3. She hates housework. She feels really exhausted!

4 This movie is really boring!

5 She was excited when she heard the gossip.

6 He is confused about which key to use.

7 She is annoyed because she has too many apps on her phone.

8 She just found some very relaxing music.

9 This picture is totally confusing.

10 She was disappointed by the gift her boyfriend gave her.