

Talking about sport and exercise



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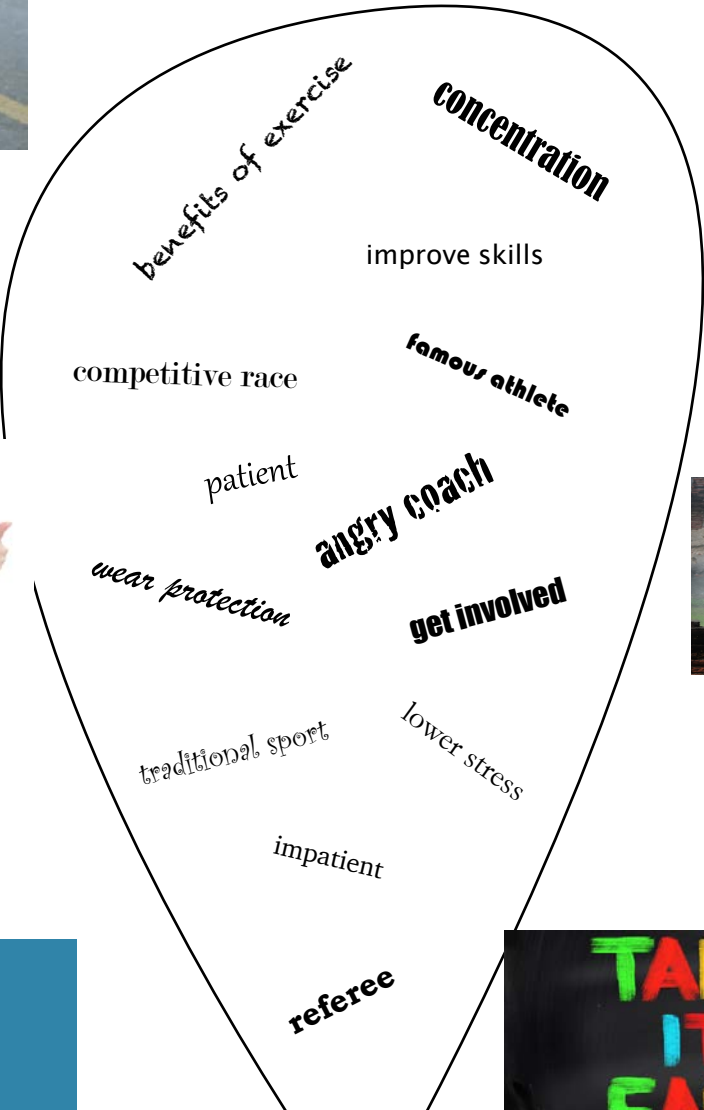
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Answer the questions below.

1. Which sport needs a high level of concentration ? Why?.....
2. Why do coaches get angry ?
3. Which sport requires patience ? Why?.....
4. Are you patient or impatient when you play sports or games? Explain.....
5. When do you need to lower stress ? How do you do it ?.....
6. What is the most important benefit of playing sport for you ?.....

Answers

- 1 get involved
- 2 competitive race
- 3 traditional sport
- 4 improve skills
- 5 lower stress
- 6 impatient
- 7 wear protection
- 8 patient (and concentration)
- 9 benefits of exercise
- 10 concentration
- 11 referee
- 12 angry coach
- 13 famous athlete