

Body language quiz

Gesture	Meaning
1 Shrugging your shoulders	<i>Showing that you do not know or care about something</i>
2 Leaning forward when sitting opposite someone	
3 Staring at someone	
4 Talking with your arms folded	
5 Talking with a shaky voice	
6 Looking with eyes down when talking to someone	
7 Looking away when someone is talking to you	
8 Nodding when listening to someone	
9 Taking a deep breath when talking to someone	
10 Waving your hand at someone	
11 Playing with objects while talking	
12 Looking with a big smile	
13 Whispering in someone's ear	
14 Talking with a loud assertive voice	
15 Shaking your head when listening to someone	
16 Pacing up and down whilst talking	
17 Listening with clenched fists	
18 Slumping in a chair	
19 Looking with tight lips and narrowed eyes	
20 Yawning when listening to someone	

Body language quiz with possible meanings

1 Shrugging your shoulders =

1. Showing that you do not know or care about something.
2. Signifying that a situation is not worth getting upset about.
3. Indicating that you do not have an answer to a question.
4. Saying that you are not sure about something.
5. Being uninterested in something.

2 Leaning forward when sitting opposite someone=

1. To show interest in the conversation.
2. To signify that you are ready to listen.
3. To express that you are sympathetic to what the other person is saying.
4. To display that you are engaged in the discussion.
5. To indicate that you are ready to take action.

3 Staring at someone

1. Observing someone intently
2. Listening closely
3. To look at someone because you are curious about them.
4. To look at someone because you are attracted to them.
5. To look at someone because you are suspicious of them.

4 Talking with your arms folded

1. Disapproval - someone who is talking with their arms folded may be doing so as a sign of disapproval or disagreement.
2. Defensiveness - folding one's arms may be a way to show that one is feeling defensive or guarded.
3. Frustration - arms may be folded as a way to show frustration or anger.
4. Annoyance - folding one's arms may be a way to show that one is annoyed or irritated.
5. Boredom - folding one's arms may be a way to show that one is bored or uninterested in what is happening.

5 Talking with a shaky voice

1. Nervous about a situation
2. Insecure
3. Excited
4. Afraid
5. Drunk

6 Looking with eyes down when talking to someone

1. Showing respect to the person you are talking to by looking them in the eye.
2. Trying not to be too intimidating or overwhelming to the person you are talking to.
3. Showing that you are listening to what the person is saying.
4. Trying not to seem too interested in what the person is saying.
5. Being shy or insecure when talking to someone.

7 Looking away when someone is talking to you

1. You're not interested in what the person is saying.
2. You're not interested in the person.
3. You're not interested in continuing the conversation.
4. Feeling uncomfortable or awkward
5. Shyness or introversion

8 Nodding when listening to someone

1. Showing agreement
2. Showing interest
3. Saying "I understand"
4. Saying "I'm listening"
5. Encouraging the speaker to continue

9 Taking a deep breath when talking to someone

1. Preparing yourself emotionally for what could be a nerve-wracking conversation.
2. Trying to calm yourself down and project a confident image.
3. Gaining courage from the act of taking a deep breath.
4. Using the breath as a way to focus and center yourself.
5. Regaining composure after feeling overwhelmed or anxious.

10 Waving your hand at someone means

1. to say goodbye
2. to signal for someone to come over
3. to show that you are friendly
4. to indicate that you are not interested
5. to ask someone to stop what they are doing

11 Playing or fiddling with objects while talking to someone

1. To be distracted from the conversation by playing with an object.
2. To be interested in playing with the object more than in the conversation.
3. To use the object as a way to focus on the conversation.
4. To use the object to avoid making eye contact or engaging in conversation.
5. To use the object to express emotions or thoughts during the conversation.

12 Looking at someone with a big smile

1. Expressing happiness or friendliness
2. Approval or admiration
3. Saying hello or goodbye
4. Signifying a romantic interest
5. Showing gratitude

13 Whispering in someone's ear

1. Telling a secret
2. Complimenting them
3. Whispering sweet nothings
4. Saying something you don't want others to hear
5. Flirting

14 Talking with a loud assertive voice

1. Speaking in a clear and concise manner.
2. Showing strength and power through speech.
3. Projecting confidence and control.
4. Commanding attention and respect.
5. Persuading or influencing others through speech.

15 Shaking your head when listening to someone

1. Disagreeing with what the person is saying
2. Showing that you are not interested in what the person is saying
3. Saying that you do not know what the person is saying
4. Saying that you do not understand what the person is saying
5. Saying that you do not believe what the person is saying

16 Pacing up and down whilst talking to someone face to face

1. Talking to someone in an energetic or nervous manner.
2. Trying to find the right words to say.
3. Trying to control the conversation.
4. Talking to someone in a condescending or impatient manner.
5. Talking to someone in a restless way.

17 Listening with clenched fists

1. Listening intensely
2. Feeling anger or frustration
3. Feeling tense or stressed
4. Feeling like you need to protect yourself
5. Feeling like you need to fight

18 Slumping in a chair

1. To rest in a lazy or casual manner.
2. Feeling sad
3. To have low self-confidence, or value.
4. To sink or fall, as in spirit
5. To become less active or vigorous

19 Looking with tight lips and narrowed eyes

1. Disapproval or anger
2. Concentration or focus
3. Intense scrutiny
4. Suspicion or distrust
5. Hatred or contempt

20 Yawning when listening to someone speak

1. The person is bored.
2. The person is tired.
3. The person is not interested in what the other person is saying.
4. The person would like to end the conversation.
5. The person is not understanding what the speaker is saying.