## The History of the T-shirt

## Read the article and answer the questions.

Have you ever wondered how the t-shirt became such an iconic feature of global fashion and culture? Originally designed as an undergarment, the t-shirt has transformed into one of the most popular and practical items of clothing.



The origins of the t-shirt date back to the late 19th century, when occupations such as laborers and the military would cut the sleeves off their undergarments to keep cool in hot weather. The garment's evolution to a lighter weight knit fabric occurred during the 1920s. New knitting technology meant that the t-shirt could be mass-produced in a more form-fitting shape. Nonetheless, it continued to be seen as an undershirt.

The most dramatic transformation of the t-shirt began in Hollywood. In the 1950s, Marlon Brando and James Dean famously wore white t-shirts in Hollywood movies. The popularity of the t-shirt as an outerwear garment skyrocketed. Not only was the t-shirt as an outer-garment becoming acceptable, but it was also, increasingly being associated with an attitude of protest. And as the 1950s rolled on, a number of companies in Miami, Florida began experimenting with garment decoration. In addition, wrinkle-free cotton-polyester t-shirts emerged in the mid-1960s to turbo-charge their acceptance as outerwear.





However, it wasn't until the '70s that t-shirts became the striking messaging platform that we know today. For this, we can thank counterculture movements such as punk and rock music, and protests against the Vietnam War. These social movements really helped establish the t-shirt as a messaging platform.

By the 1990s the t-shirt had joined the ranks of high fashion. Fashion designers began experimenting with different styles of t-shirts, while adding artistic slogans. Then, celebrities started wearing t-shirts to major events. For example, the actress Sharon Stone wore a t-shirt to the Academy Awards in 1996.

Today, the t-shirt is accepted as an essential item of global fashion culture. It transformed from an undergarment to outerwear and from a mass market business to a fashion business. In fact, it's become so pervasive, that it's hard to imagine any wardrobe without a T-shirt.

1. What was the original purpose of the t-shirt?
2. When did the t-shirt become popular as an outerwear garment?
3. What happened in the 1950s to transform the t-shirt business?
4. How did t-shirts a powerful messaging platform?
5. How has the t-shirt transformed over time?
6. In your opinion, what are some of the benefits of the t-shirt?

- 1. The original purpose of the t-shirt was as an undergarment.
- 2. The t-shirt became popular as an outerwear garment in the 1950s.
- 3. The t-shirt became more popular due to Marlon Brando's and James Dean's famous white t-shirt scenes in popular movies. The t-shirt business was also transformed in the 1950s when companies in Miami, Florida began experimenting with garment decoration.
- 4. 4. T-shirts became a powerful messaging platform in the 1970s when t-shirts with messages and logos were worn by members of counterculture movements such as punk and rock music and protestors against the Vietnam war.
- 5. The t-shirt has transformed from an undergarment to outerwear and from a mass market. business to a fashion business.
- 6. Some benefits of the t-shirt are that it is comfortable, practical, and versatile.