## Lucas: daily routine

## Read the article and answer the questions.

Lucas wakes up at 8:00 a.m., and stretches his arms above his head. He yawns, and rubs his eyes with his fists. Then, he goes to the bathroom, and washes his face with cold water. He brushes his teeth and hair. Next, Lucas goes downstairs, and eats breakfast. He drinks a glass of orange juice, and eats a bowl of cereal. After breakfast, he goes outside and plays with his dog, Max. They run around in the backyard and chase each other. At around 9:30, Lucas comes back inside and goes to his room. He reads a book for a while.



At 10 AM, Lucas hears a car pull up outside. He knows, it's his mom coming home from work. Lucas goes downstairs, and gives his mom a hug. He tells her about his day. Lucas and his mom spend some time together. They watch TV and talk from 10:30 to 11 AM. Lucas's mom starts to make lunch. Lucas helps her set the table. They then sit down and eat lunch together. They talk and laugh a lot.

After lunch, Lucas's mom does the dishes, while Lucas goes back to his room. He plays with his toys for a while. Then, he takes a nap. He dreams about playing with Max in the backyard. At around 2 PM, Lucas wakes up from his nap, and feels refreshed. He goes downstairs, and plays with Max some more. At 3 PM, Lucas has a snack and starts on his homework. After he finishes his homework, he goes outside to ride his bike.



What does he do before he goes to bed?\_

When it gets dark, he comes back inside, and washes his hands and face. He helps his mom make dinner. His family eat dinner together at 6PM. After dinner, he takes a bath. and then gets ready for bed. Lucas says goodnight to his mom and dad. He goes to his room, and reads a bedtime story. Finally, he turns off his light, and goes to sleep, around 8:30.

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1. What does Lucas do when he first wakes up?	
2. What does Lucas have for breakfast?	
3. Why does he go outside after finishing his homework :	
4. How does Lucas feel after his nap?	
5. What does Lucas do with his mom from 10:30-11:00	?
6. What does Lucas dream about?	

- 1. When he first wakes up, Lucas stretches his arms above his head, yawns, and rubs his eyes with his fists. Then he goes to the bathroom and washes his face with cold water. He brushes his teeth and hair.
- 2. For breakfast, Lucas drinks a glass of orange juice and eats a bowl of cereal.
- 3. After finishing his homework, Lucas goes outside to ride his bike.
- 4. After his nap, Lucas feels refreshed.
- 5. From 10:30-11:00, Lucas and his mom watch TV and talk.
- 6. Lucas dreams about playing with Max in the backyard.
- 7. Before he goes to bed, Lucas takes a bath and then gets ready for bed. He says goodnight to his mom and dad. He goes to his room and reads a bedtime story. Finally, he turns off his light and goes to sleep around 8:30.