

50 Reflective Sentence Starters

1. Today....has inspired me to...
2. I just saw the movie, and I....
3. I can't help but be curious about...
4. There are a lot of ways to ...that I...
5. What I like about my job is that ...
6. Most of what I've reflected on lately....
7. There is one thing that bugs me about...
8. I'm thoroughly impressed with ...
9. What I thought to try ...
10. If I really want to make a difference then ...
11. I often ask myself..
12. There are many proven strategies that I ...
13. I thought it would be fun to share ...
14. When will I know that...
15. An interesting thing that happened recently that I...
16. The older I get the more I realise that ...
17. I am really intrigued to know that ...
18. When I need inspiration I tend to ...
19. Ouch! Sometimes thinking hurts because I...
20. I know there's a tremendous hype about.....but...
21. More often than not I ...
22. I finally made up my mind ...
23. I have figured out why ...
24. Is it really a silly idea for me to ...
25. How do I know that...
26. A different twist I have on the ...
27. I know I keep repeating myself that ...
28. There has got to be another way for me to ...
29. Will it always be like...that makes me...
30. I guess knowing what it means to ...
31. One of the earliest lessons I learned about ...
32. Entering the mind of a ...for me...
33. Change is a process that I...
34. Every so often, I talk with other people who ...
35. Why have I never considered...before...
36. If I start.....now I...
37. How might I know that...
38. It's really crazy but I...
39. How often have I heard that...
40. What can I do next time if...
41. I tried experimenting with...
42. A great idea that I...
43. I'm not sure if...
44. Turning pale skies to blue for me is about....
45. There is no easy way to say this but I....
46. I enjoyed the...
47. What I am hoping for is...
48. The joy that I get out of..
49. I am keen to motivate...
50. How can I get excited about...when..

Examples

1. Today's weather has inspired me to go outside and enjoy the sunshine.
2. I just saw the movie, Titanic, and I cried my eyes out.
3. I can't help but be curious about what it would be like to live in a different country.
4. There are a lot of ways to make money that I don't know about.
5. What I like about my job is that I can be creative and use my imagination.
6. Most of what I've reflected on lately has been negative.
7. There is one thing that bugs me about my job is the commute.
8. I'm thoroughly impressed with how well my team worked together on our last project.
9. What I thought to try was a different approach to my work.
10. If I really want to make a difference then I need to start volunteering.
11. I often ask myself if I am doing enough to help others.
12. There are many proven strategies that I can use to improve my productivity.
13. I thought it would be fun to share some of my favorite tips for staying organized.
14. When will I know that I am ready to move on to a new phase in my life?
15. An interesting thing that happened recently that I want to share is that I won a contest.
16. The older I get the more I realise that I don't know everything.
17. I am really intrigued to know that there are other ways to see the world.
18. When I need inspiration I tend to look to nature.
19. Ouch! Sometimes thinking hurts because I reflect on things that I wish I could change.
20. I know there's a tremendous hype about social media, but I'm not sure if it's really worth my time.
21. More often than not I find myself scrolling through social media when I should be doing something productive.
22. I finally made up my mind that I need to start spending more time with my family.
23. I have figured out why I keep procrastinating and I am going to try to change my habits.
24. Is it really a silly idea for me to try to learn a new language?
25. How do I know that I am making the right decisions in my life?
26. A different twist I have on the traditional way of doing things is that I like to add my own personal touch.
27. I know I keep repeating myself, but I really need to start taking more breaks.
28. There has got to be another way for me to get my work done.
29. Will it always be like this? That makes me feel so discouraged.
30. I guess knowing what it means to be successful is more important than actually being successful.
31. One of the earliest lessons I learned about life is that it's not always fair.
32. Entering the mind of a child is always an adventure for me.
33. Change is a process that I need to go through in order to be successful.
34. Every so often, I talk with other people who are in the same situation as me.
35. Why have I never considered changing my career before?
36. If I start my own business now I will be able to make a difference.
37. How might I know that I am making the right decision?
38. It's really crazy but I'm going to quit my job and start my own business.
39. How often have I heard that it's never too late to change your life?
40. What can I do next time if I'm feeling stuck?
41. I tried experimenting with a new teaching method and it was a success!
42. A great idea that I had was to start a book club.
43. I'm not sure if I'm ready to make such a big change in my life.
44. Turning pale skies to blue for me is about changing my outlook on life.
45. There is no easy way to say this but I'm going to quit my job.
46. I enjoyed the book club that I started.
47. What I am hoping for is that my new business will be a success.
48. The joy that I get out of teaching is knowing that I am making a difference.
49. I am keen to motivate my students to be the best that they can be.
50. How can I get excited about my job when I'm not paid enough?