

Expressing Yourself

Try to complete the followings sentences about yourself.

1) In my free time, I like to _____

2) I often think about _____

3) I am afraid of _____

4) I am excited about _____

5) I dream about _____

6) I am good at _____

7) I am not good at _____

8) I am glad when _____

9) I am sad when _____

10) I don't know why _____

11) I have difficulty with _____

12) I laugh when _____

13) I am interested in _____

14) I get annoyed when _____

15) I love it when _____



Examples

- 1) In my free time, I like to read, watch movies, and spend time with my family and friends.
- 2) I often think about what I want to do with my life, what my purpose is, and what I can do to make a difference.
- 3) I am afraid of spiders, heights, and public speaking.
- 4) I am excited about going on vacation, starting a new project, and learning new things.
- 5) I dream about traveling the world, owning my own business, and making a difference in the world.
- 6) I am good at writing, problem solving, and helping others.
- 7) I am not good at math, public speaking, and being patient.
- 8) I am glad when I am able to help others, when I am able to accomplish something, and when I am able to spend time with my loved ones.
- 9) I am sad when I am alone, when I am sick, and when something bad happens to someone I care about.
- 10) I don't know why people are mean, why bad things happen to good people, and why life is so difficult sometimes.
- 11) I have difficulty with trusting people, being open with my feelings, and being assertive.
- 12) I laugh when something is funny, when I am relieved, and when I am happy.
- 13) I am interested in learning new things, helping others, and spending time with my family and friends.
- 14) I get annoyed when people are rude, when I am waiting for something, and when I am bored.
- 15) I love it when I am able to help others, when I am able to accomplish something, and when I am able to spend time with my loved ones.