



1 Sports are important as people \_\_\_\_\_ and make friends.

Agree  Disagree

Reason: \_\_\_\_\_



2 I think the main benefit of playing sport is that it \_\_\_\_\_.

Agree  Disagree

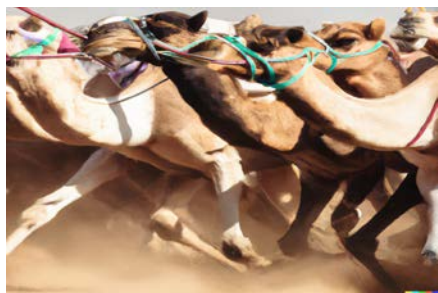
Reason: \_\_\_\_\_



3 Many people think that sports stars \_\_\_\_\_ too much money.

Agree  Disagree

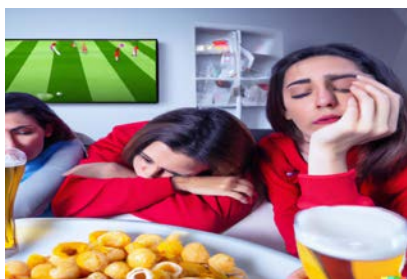
Reason: \_\_\_\_\_



4 Watching sport is a great way to get insights into other \_\_\_\_\_.

Agree  Disagree

Reason: \_\_\_\_\_



5 Some people believe that watching sport is a \_\_\_\_\_ of time.

Agree  Disagree

Reason: \_\_\_\_\_



6 Playing sport helps me improve various skills, for example, \_\_\_\_\_ and coordination.

Agree  Disagree

Reason: \_\_\_\_\_



7 Sports are a great way to stay \_\_\_\_\_ and achieve goals.

Agree  Disagree

Reason: \_\_\_\_\_



8 I don't like sports that are dangerous and lead to \_\_\_\_\_.

Agree  Disagree

Reason: \_\_\_\_\_



9 Sport has helped me develop \_\_\_\_\_ skills.

Agree  Disagree

Reason: \_\_\_\_\_

**Match the words to the sentences above. Decide whether you agree or disagree and give a reason for your choice.**

- leadership    competitive
- earn    waste
- injuries    "relieves stress"    concentration
- cultures    socialize

1. Sports are important as people **socialize** and make friends.

I agree. Playing sports can help people bond and form lasting relationships. Sports can provide a sense of community.

2. I think the main benefit of playing sport is that it **relieves stress**.

I agree. Exercise is a great way to release endorphins and reduce stress levels after doing a high pressure work. They provide an outlet for pent-up energy and aggression. They help you to focus on something other than your stressors. They provide social interaction and support.

3. Many people think that sports stars **earn** too much money.

I think that many people think that sports stars earn too much money because they are often in the public eye and their salaries are made public. However, I disagree with the statement because I think that sports stars should be paid based on their performance and not on their popularity.

4. Watching sport is a great way to get insights into other **cultures**.

I agree. Sports are often a reflection of a country's culture, values, and traditions.

5. Some people believe that watching sport is a **waste** of time.

I think that some people believe that watching sport is a waste of time because it can be seen as a leisure activity that does not have a productive output.

6. Playing sport helps me improve various skills, for example, **concentration** and coordination.

Playing sports requires focus and coordination, and can help improve these skills

1. Soccer

For example, soccer requires split-second decisions and quick movements, so it helps improve a person's concentration and coordination.

2. Tennis

Playing tennis can help improve your concentration and coordination skills. When you are playing, you have to focus on the ball and your opponent, and you need to be able to hit the ball in the right spot. This requires good hand-eye coordination. Tennis also helps improve your balance and coordination.

3. Golf

Golf is another sport that can help improve your concentration and coordination. When you are playing, you have to focus on the ball and your swing, and you need to be able to hit the ball in the right spot. This requires good hand-eye coordination. Golf also helps improve your balance and coordination.

4. Boxing

Boxing is a great sport for improving concentration and coordination. When you are boxing, you have to focus on your opponent and your own movements, and you need to be able to throw punches and defend yourself quickly. This requires good hand-eye coordination and quick reflexes.

5. Martial Arts

Martial arts is another great sport for improving concentration and coordination. When you are practicing, you have to focus on your own movements and your opponent's, and you need to be able to respond quickly. This requires good hand-eye coordination and quick reflexes.

7. Sports are a great way to stay **competitive** and achieve goals.

Sports can teach people about setting and achieving goals, as well as the importance of competition.

8. I don't like sports that are dangerous and lead to **injuries**.

I disagree. I don't think that all sports that are dangerous should be banned. I think that people should be more careful when playing these sports.

9. Sport has helped me develop **leadership** skills.

I agree.

1. Sports can help improve leadership skills by teaching people how to work together as a team.
2. Sports can also help teach people how to communicate and cooperate with others.
3. Sports can also help teach people how to be organized and how to set goals.
4. Sports can also help teach people how to be disciplined and how to persevere.
5. Finally, sports can also help teach people how to be positive and how to lead by example.