

Fears and phobias grammar exercises

Exercise 1

Instructions: Write the best grammar description/part of speech for the following words to talk about fears and phobias. The categories are: Adjective (Feeling), Verb, Noun, Adjective (Situation/describing something), Past tense

Word	Category
afraid	Adjective (Feeling)
fear	
a fear	
anxiety	
anxious	
panic	
panicked	
terrify	
scare	
scared	
scary	
frighten	
frightening	
terrified	
a phobia	

Exercise 2

Prepositions Exercise: Fears and Phobias

Fill in the blanks with the appropriate prepositions from the list: (of, about, with, in, on, at, for, by, or X - **no preposition**):

1. John is afraid ___ snakes and refuses to go camping in the forest.
2. Laura has a fear ___ enclosed spaces, so she avoids elevators and crowded rooms.
3. I felt a wave of anxiety ___ speaking in front of my classmates during my presentation.
4. James is always anxious ___ meeting new people and prefers to stay in his comfort zone.
5. She panicked ___ the thought of being stuck in a burning building.
6. The sight of a ghost in the haunted house terrified ___ the visitors, causing them to screamed in fright.
7. I was scared ___ swimming in the ocean after watching a movie about sharks.
8. The thunderstorm was so scary ___ that it frightened the children, making them huddle near their parents.
9. The little girl was frightened ___ the dark shadows that appeared on her bedroom walls at night.
10. The thought of being alone in a deserted place is terrifying ___ many people.
11. Susan suffers from a phobia ___ germs, so she's constantly washing her hands and using hand sanitizer.

Word	Category
afraid	Adjective (Feeling)
fear	Verb
a fear	Noun
anxiety	Noun
anxious	Adjective (Feeling)
panic	Noun, Verb
panicked	Past tense
terrify	Verb
scare	Verb
scared	Adjective (Feeling)
scary	Adjective (Situation/something)
frighten	Verb
frightening	Adjective (Situation/something)
terrified	Adjective (Feeling)
phobias	Noun

1. John is afraid **of** snakes and refuses to go camping in the forest.
2. Laura has a fear **of** enclosed spaces, so she avoids elevators and crowded rooms.
3. I felt a wave of anxiety **about** speaking in front of my classmates during my presentation.
4. James is always anxious **about** meeting new people and prefers to stay in his comfort zone.
5. She panicked **at** the thought of being stuck in a burning building.
6. The sight of a ghost in the haunted house terrified **X** visitors, causing them to scream in fright.
7. I was scared **of** swimming in the ocean after watching a movie about sharks.
8. The thunderstorm was so scary **X** it frightened the children, making them huddle near their parents.
9. The little girl was frightened **by** the dark shadows that appeared on her bedroom walls at night.
10. The thought of being alone in a deserted place is terrifying **for** many people.
11. Susan suffers from a phobia **of** germs, so she's constantly washing her hands and using hand sanitizer.