

## Fears and phobias: ranking and collocations

### Exercise 1: Ranking Prioritizing Exercise

Instructions: Read the list of words below, which are related to fear and anxiety. Rank them in order of intensity, starting with the least intense emotion or reaction and ending with the most intense emotion or reaction.

**afraid/fear/a fear/ anxiety/ anxious/panic/ scared /scary/ phobia/frightening/terrified/**

1. anxiety (least intense)
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

### Exercise 2: Collocation Practice Activity

Instructions: Match the words in Column A with the appropriate collocations in Column B.

Column A	Column B
1. afraid	a. attack
2. fear (verb)	b. of heights
3. a fear	c. moment
4. feeling	d. about the test
5. anxious	e. of spiders
6. panic	f. of failure
7. scared	g. being alone
8. scary	h. anxiety
9. phobia	i. movie
10. frightening	j. by the noise
11. terrified	k. away

### Exercise 3: Sentence writing

Instructions: Write 5 sentences using some of the collocations above

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### **Exercise 1: Ranking Prioritizing Exercise - Example Answers**

Here's a possible list of answers for the ranking/prioritizing exercise. Please note that there might be alternative rankings based on personal interpretation.

1. anxiety (least intense)
2. anxious
3. a fear
4. fear
5. afraid
6. scary
7. scared
8. frightening
9. panic
10. phobia
11. terrified (most intense)

### **Exercise 2: Collocation Practice Activity – Answers**

Here's a possible list of answers for the collocation practice activity. Please note that there might be alternative combinations and sentences that still make sense.

1. She was afraid of heights and avoided climbing tall buildings.

**Match: afraid - of heights**

2. I fear being alone.

**Match: fear – being alone**

3. The fear of failure held him back from pursuing his dreams. many people.

**Match: a fear – of failure**

4. Many students feel anxiety before exams.

**Match: feel - anxiety**

5. The student felt anxious about the upcoming test.

**Match: anxious - about the test**

6. A sudden panic attack can be a frightening experience.

**Match: panic - attack**

7. He was scared by the noise coming from the basement.

**Match: scared - by the noise**

8. The scary movie kept us on the edge of our seats.

**Match: scary - movie**

9. Her phobia of spiders made her avoid any place where they might be present.

**Match: phobia - of spiders**

10. The frightening moment occurred when the main character faced the villain.

**Match: frightening - moment**

11. She was terrified of the dark when she walked down the lane late at night.

**Match: terrified - of the dark**