## Cost of living

## Exercise 1: Classifying Exercise

Divide these phrases/words into two groups: Income and Savings and Expenses and Debts. Write each one under the right column.
utilities, debt, balance the budget, affordable, increasing cost, savings, income, run out of money, groceries, spending too much, expenses, budgeting

| Income and Savings | Expenses and Debts |
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## Exercise 2: Gap Fill Multiple Choice Exercise

Fill in the gaps using the right word/phrase from the choices given.

1. We need to reduce our $\qquad$ if we want to save more money.
A. income B. savings C. expenses
2. The $\qquad$ of food, rent, and utilities is increasing every year.
A. balance B. cost C. affordable
3. If we do not control our shopping habits, we might $\qquad$ .
A. run out of money B. balance the budget C. income
4. If our $\qquad$ is less than our expenses, we might fall into debt.
A. utilities B. groceries C. income

## Exercise 3: Questionnaire Activity

Answer the following questions using the words/phrases given.

1. How would you handle increasing cost of groceries when budgeting?
2. What would you do if you run out of money before the end of the month?
3. How can you prevent spending too much on non-essential items?
4. What strategies might you use to keep utilities expenses affordable?
5. If your income was less than your expenses and you were in debt, what steps would you take to balance the budget?

## Cost of living conversation (New York vs Boston)

## Exercise 4. Listen to the conversation and fill in the gaps.

Amy: Hey Steffan! Did you know the 1 . $\qquad$ in NYC, is $\$ 2,000$ for a one-bedroom apartment?

Steffan: Wow \$2,000? That's a lot! I'm 2. $\qquad$ in Boston.

Amy: Ooo lucky you! And, 3. $\qquad$ , can be around 500 dollars a month.

Steffan: Oh boy! Only $\$ 250$ for me. I can't imagine 4. $\qquad$ !

Amy: Yeah - 5. $\qquad$ . They're about $\$ 150$ per month.

Steffan: Uh-huh, that's the same for me. But restaurant prices... I bet 6. I $\qquad$ ?

Amy: Absolutely! Eating out can easily cost 7. $\qquad$ .

Steffan: Oh It's $\$ 35$ for me. Very interesting isn't it? The 8. $\qquad$ , sure differs from city to city, huh?

Amy: It sure does! That's why 9 . $\qquad$ is so important!

Steffan: Right-on - Amy! We gotta watch 10. $\qquad$ .

Exercise 5. Create your own "cost of living conversation" using at least 6 of the phrases below.
utilities, debt, balance the budget,
affordable, increasing cost,
savings, income, run out of money, groceries,
spending too much, expenses, budgeting

