

Problems I want to solve:

*I need to get along better with my friend.
I want to learn how to study effectively.*



Weaknesses I want to get rid of:

*I wish I were more patient.
I need to be more confident.*

Things I want to do:

*I want to climb MT Fuji.
I'd love to visit Italy.*



Skills I want to gain:

*I hope to figure out how to start an
online business.
I wish I knew how to ride a motor cycle.*



Choose your three most important goals and set a deadline for achieving each goal.

Goal 1 _____ Achieve by: _____
Goal 2 _____ Achieve by: _____
Goal 3 _____ Achieve by: _____